



Cognitio College  
(Kowloon)

## Newsletter

6 December 2023

# COGNITIO COLLEGE



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## Principal's Message

Culture consists of the beliefs, behaviors, objects and other characteristics common to the members of a particular group of people. Thus, a culture embraces many societal aspects, such as language, customs, values, products, etc. Culture has a great collection of the past and the present; whereas History is all about the past. Historians often cited the four oldest civilizations, including China, providing the basis for continuous cultural development. On the other hand, Greece and Italy (Rome) have both been regarded as the "cradle of Western civilization", that gradually built up the Italian culture today.

Hong Kong is a place where the East meets the West. Its culture is a mixture of traditional Han Cantonese ethnic culture of southeastern China as well as British and Western culture in general. Hong Kongers are being increasingly influenced by the culture of the people from Chinese mainland. Our culture is sophisticated and mixes Confucian and British ethics, and our citizens are international savvy. With a strong support of the Motherland and being closely connected to the world, the school arranged cross-curricular cultural activities in November 2023 to foster students' understanding of different cultures. Through the learning experiences so arranged, we hope to widen the horizons of our students, so that they should be more respectful and empathetic with people around them.

## Ancient Chinese Garden Party

9-10 November 2023

The garden party was a magnificent fair made up of many cultural activities for pleasurable learning. There were four major themes, namely "Contests", "Literary Pursuits", "Scholastic Academia" and "Art of Cuisine". The activities included Ancient Chinese Games (pitch-pot, shuttle cock kicking and archery), Chinese cut-out, anti-influenza scented sachet production, Guzheng playing demonstration, abacus workshop, Chinese poetry, and sugar painting. The programme involved a collaboration among our Subject Departments and their related Co-curricular Activity Groups of Chinese History, Mathematics, Physical Education, Visual Arts and Music.



## Parent-Child Culinary Workshop

11 November 2023

There has always been close cooperation between the school and the Parent-Teacher Association (PTA), with a shared goal – providing a fruitful and memorable school life for our students. On 11 November 2023, our teachers and the PTA jointly organized a workshop for students and their parents to prepare a local dish together. We were grateful to have our parents, Ms. Karen Chung and Ms. Alice Fong, serving as our guest chef-master to facilitate the dish-making. We received overwhelming response for application, though only 20 families could join the workshop in 2 sessions. They successfully and merrily produced a tasty and IGable White Rabbit Candy Hong Kong style dish.



## Italian Culture Week

13-17 November 2023

During this week, students were introduced to Italian culture through participating in activities that reflect the country. Activities comprised posing with the Leaning Tower of Pisa for photographs, tasting and understanding some Italian foods like Italian prosciutto, cheeses and olives, making Ancient Roman helmets, playing "sticking the tomato on the pizza", as well as treasure-hunting for a favourite Italian character, Mario, around the school. Students must have got incredible passion about the culture.

